

# Gildea Chiropractic

**...is now offering services at the USA Stars Gym for your Cheerleader**

Due to the time constraints and the amount of running we do for our children, we are pleased to announce that limited chiropractic services will resume for Stars cheerleaders at the gym. These services will be offered at the gym on **alternating** Wednesday and Thursday evenings beginning on Thursday January 19th starting at 7:30 pm on a first-come first-served basis with the required paperwork.

## What is it?

**Pay-as-you-go chiropractic treatment in the USA Stars gym**

With All Star Cheerleading being a year round sport and the amount of lifting, falling, tumbling, etc., many of these young athletes endure, repetitive and chronic injuries are part of daily life at a young age. The benefits of chiropractic care are not limited to just the back, but is beneficial for necks, shoulders, elbows, wrists, hips, knees ankles as well as overall wellness care.

This service is being offered at the gym as a convenience to the parents and caregivers of these athletes. This is an elective service and is not part of the STARS program. Only limited chiropractic services will be available at the gym for the cheerleaders and includes an initial chiropractic exam, chiropractic manipulation and myofascial release if needed.

If Dr. Gildea deems that your cheerleader has a more in depth injury requiring more extensive care than can be offered at the gym, you will be notified and continued care in the office may be required.

If you have any questions or comments, please feel free to call the office at 717-486-8189 or contact Becky Gildea at 717-385-1440.

## How does it Work?

**Alternating Wednesday & Thursdays  
7:30 pm - \$30 per treatment**

If you are interested in having your child treated for the nagging pains and complaints that are a result of this strenuous sport, please fill out the attached paperwork and return it into Dr. Gildea's file folder. Page 2 will need to be filled out and signed by a parent/guardian prior to **EACH** and **EVERY** treatment along with cash, check or credit card information as listed. The fee for this service is [\\$30.00 per treatment](#) and is payable either by cash, check or credit card at the time of service. This service is not part of your STARS Program and cannot be billed to your account.

Since almost all of our cheerleaders are minors, a cheerleader will not be seen or treated without a parent's written or verbal consent for [each](#) treatment.

Due to the convenience of this service and the rules and regulations of most insurance carriers, your personal health insurance for this service cannot not be accepted at the gym. If necessary, your cheerleader can be treated in our office and we will submit to your insurance carrier at that time.

## Who is Dr. Gildea?



Dr. Martin Gildea, from Bloomsburg, PA, graduated from Palmer College of Chiropractic in Davenport, Iowa in 1989 and moved to Pennsylvania and opened his first practice in Mechanicsburg in 1990.

He has had multiple clinics over the years in Camp Hill, Harrisburg and Dillsburg until settling in his current location at 806 Holly Pike in Mount Holly Springs, PA in 1999.

Dr. Gildea specializes in the hands on approach to chiropractic and was the first doctor in the Harrisburg area to be certified in KDT Decompression Therapy, and is certified in scoliosis treatment as well as many other chiropractic treatments.

He is married to his wife of twenty-two years, Becky Bitler-Gildea and has two daughters, Alexis, a freshman and cheerleader at Wilkes University and a former USA Stars Cheerleader and Celina, a current USA Stars Cheerleader and junior at Boiling Springs High School.

Dr. Gildea enjoys spending time with his family, weight lifting, motorcycle and ATV riding, and reading.